

Scotspas M Tablet

Dicyclomine (10 mg) + Mefenamic Acid (250 mg) Tablet

Description:

Dicyclomine (10 mg) + Mefenamic Acid (250 mg) tablet is a combination medication used to provide relief from abdominal pain, discomfort, and cramping caused by gastrointestinal disorders. Dicyclomine is an antispasmodic that helps relax the smooth muscles of the gastrointestinal tract, reducing spasms and cramps.

Composition:

- **Dicyclomine: 10 mg**
 - **Mefenamic Acid: 250 mg**
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Indications:

This combination tablet is indicated for the following conditions:

- 1. Abdominal Cramps and Spasms:**
 - **For the relief of abdominal cramps and discomfort due to gastrointestinal spasms, such as those experienced in irritable bowel syndrome (IBS) and other functional bowel disorders.**
- 2. Dysmenorrhea (Menstrual Pain):**
 - **To relieve pain and discomfort associated with menstrual cramps.**
- 3. Gastritis and Peptic Ulcer Disease:**
 - **For pain relief associated with gastritis, peptic ulcers, or gastric spasms, often in conjunction with other treatments.**

4. Postoperative Pain:

- **For the relief of abdominal pain and discomfort following surgical procedures involving the digestive system.**
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Dosage and Administration:

- **Adults:**
 - **The typical dose is 1 tablet of Dicyclomine (10 mg) + Mefenamic Acid (250 mg), taken 2-3 times daily as needed for pain relief or as prescribed by a healthcare provider.**
 - **For abdominal cramps and spasms: 1 tablet every 6-8 hours, as needed.**
 - **For menstrual pain: Take 1 tablet initially and then follow the prescribed schedule based on symptoms.**
- **Children:**
 - **This combination is generally not recommended for use in children under 12 years old. Use in pediatric patients should be discussed with a doctor.**

Note:

- **It is advisable to take this medication with food or milk to reduce the risk of stomach irritation, particularly from Mefenamic Acid.**
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Side Effects:

- **Common:**

- **Dizziness, dry mouth, blurred vision (from Dicyclomine).**
 - **Upset stomach, nausea, or mild gastrointestinal discomfort (from Mefenamic Acid).**
 - **Constipation or diarrhea.**
 - **Serious but Rare:**
 - **Gastrointestinal bleeding or ulcers (especially with prolonged use of Mefenamic Acid).**
 - **Heart issues: Palpitations, rapid heartbeat, or elevated blood pressure (from Dicyclomine).**
 - **Allergic reactions: Rash, itching, swelling, or difficulty breathing.**
 - **Older adults may be more susceptible to the side effects of Dicyclomine (e.g., confusion, dry mouth) and Mefenamic Acid (e.g., gastrointestinal bleeding, kidney impairment).**
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Storage:

- **Store at room temperature (15-30°C), away from moisture, heat, and light.**
 - **Keep the tablet bottle tightly closed and out of the reach of children.**
 - **Dispose of unused medication according to local disposal guidelines.**
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Precautions:

- 1. Cardiovascular Conditions:**
 - **Use with caution in patients with heart disease, high blood pressure, or a history of stroke, as Dicyclomine may increase heart rate, and Mefenamic Acid may increase the risk of cardiovascular events.**
- 2. Gastrointestinal Disorders:**
 - **Use with caution in patients with a history of ulcers, gastritis, or GI bleeding, as Mefenamic Acid can cause irritation, bleeding, or perforation in the gastrointestinal tract.**
- 3. Liver and Kidney Impairment:**
 - **Both Dicyclomine and Mefenamic Acid should be used with caution in patients with liver or kidney disease.**
- 4. Pregnancy and Breastfeeding:**
 - **Pregnancy: This medication should be used during pregnancy only if clearly needed and prescribed by a healthcare provider, especially in the third trimester, as Mefenamic Acid can affect the fetus.**
- 5. Elderly Patients:**

Note:

It is important to take the medication as directed by your healthcare provider and not exceed the recommended dose.

Manufactured in India for:

CafoliTM
L I F E C A R E

Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

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